

UNIT-1st PHARMACEUTICS

HISTORICAL BACKGROUND AND DEVELOPMENT OF PROFESSION OF PHARMACY

Pharmacy → The science or practice of the preparation and dispensing of medicinal drug.

→ Pharmacy comes from a greek word pharmakon

→ Dispensing → distribute or provide to a no. of people

Pharmaceutics →

→ It is a discipline of pharmacy that deals with the process of turning a NCE (New chemical entity) old drugs into a medicine safely and effectively by patients.

→ It is also called as "Science of dosage form design"

History of Pharmacy

Ancient Era Empiric Era Industrialization Era Patient Era Biotechnology + Genetic eng. era

the beginning time to 1600 AD 1600 - 1940 1940 - 1970 1970 - present New horizon

1) Ancient Era :- Used leaves, mud, cool water to stop bleeding. they used to method to animal how they heal their wound the pharmacy begins from.

→ In the babylonian earliest records of practice of pharmacy by a priest, pharmacist was kept

→ Hippocrates → father of medicine

→ Paracelsus → father of toxicology [Matthieu orfila]

→ Cosmas & Damian → Saints of pharmacy and medicine

→ After fall of Roman empire

division of pharmacy and medicine evolved.

→ Ebers papyri written formulas for more than 800 remedies.

Major advances in Pharmacy [During their period] &

- 1. Formulary continuation of documentation of knowledge of specific drugs information used by pharmacist.
- 2. Dosage form well no longer harvested from herb gardens. eg. Syrup.
- 3. Pharmacy shop. 1st appeared in Baghdad 154 AD.

In ancient India source of drugs were of vegetables animals and minerals origin. They were prepared empirically by few experiments person knowledge of that medical system was usually kept secret within a family.

There were no scientific methods of standardization of drugs.

→ At the end of this era pharmacy was separated from medicine.

2. Empirical Era

→ The pharmacopoeia was a regulatory tool for pharmacist. Benjamin Franklin started first hospital with pharmacy and 1st pharmacist was Jonathan Roberts.

→ Chemical elements identified like N_2 , Cl_2 , Mosphene

→ The western or so called Allopathic system

comes into India with British traders who later become rulers. Under British rule this system got state patronage.

Before 1940, initially all drugs were imported from Europe. later some drugs began to be manufactured in this country.

1901	1902	1907
Est of Bengal chemical and pharmaceutical work at Calcutta by Acharya P.C. Roy	Small factory at Parel (Bombay) by prof. T.K. Gujar	Alemic chemical works at Baroda by prof. T.K. Gujar

→ Drugs were mostly exported in crude form and imported in finished form. During world war-I (1914-1920) import of drugs were cut off. In case of absence of any restriction on quality of drugs imported, manufacture took advantage of the situation and consequence.

1) Inferior quality medicine and adulterated drugs were dumped.

2) Markets were full of useless drugs were sold by unqualified men.

- 3) (a) Poisoning due to quinine
- (b) Selling of chalk powder tablets in place of quinine.

few lens were there having indirect bearing on drugs but were insufficient. 1878 opium deals with cultivation of poppy and the manufacture, transport, export sale of opium.

1894 Indian Transf act - Levy of customers duty on goods including drug medicines imposed or exported.

1919 Poisons Act - regulated the impact possession and sale of poison.

3. Industrialization Era :-

- a) Civil war
 - b) World war I (1940-1970)
- More people got injured ill. More production of medicine were made through industrial machines.
 - Scientific research, investigation on medicines and their effect was done.
 - On the basis of this research many new drug and old drugs were being used which caused more reactions.
 - The development of manufacturing of pharmacy begins.
 - Standardization, biologically prepared products complete chemical synthesis and increase use of parental modification.

4. Patient Care Era :-

- Beginning concentrated on research of to develop new medicines research on medication was done.
- New drugs were developed.
- Had alot of adverse reaction to drugs. So drug review and monitoring was done.
- Pharmacist had great role in dispensing medicine and patient education.

5. - future of Pharmacy.

- Research in area of biotech and gene therapy is conducted. Medications are being produced through recombinant DNA technology.
- New therapies for cancer, anaemia, hepatitis are being introduced.

→ History of Pharmacy education in India :-

→ The earliest traditional system of medicine practiced in India have been Ayurveda and Siddha the cause from west Asia colonial period.

Drug Enquiry Committee :-

Gov. of India formed a committee on 11th August 1930 named drug enquiry committee under the chairmanship of late Dr. P. N. Chopra to deal with many problems of Pharmacy. The 1st report of committee was published in 1931 saying that there was no recognized profession of pharmacy. The pharmacy practice was done by the person called compounder. By the effect of this report Prof. M.L. Schroff initiated to start a pharmacy education at the university level in Banaras Hindu University (1932).

→ After pharmacy education started in the country graduates development of administrative profession level and industrial level have been done in order to promote Pharmacy profession in India.

1935 → United province pharmaceutical associations were established to discuss related matters at National level.

1937 - Andhra University.

1938 - Madras University

1939 - Scientific journal started by M.L. Schiff named Indian Journal of Pharmacy

1940 - All India Pharmaceutical Congress Association was established with the intention to publish Pharmacy as a whole by conducting conference at different places.

→ Gov. of India brought 'Drug' to regulate import sale of drugs the final adopted as drug and cosmetics Act 1943 - Bombay, 1944 - Phuniv.

1945 - was brought to standardize pharmacy education in India.

1946 - Pharmacopoeial list was published under chairmanship of P.N. Chopra

1948 - Pharmacy Act was published to green the pharmacy education in India.

D. Pharma B. Pharma

2 yrs

3 yrs

1948 - Indian Pharmacopoeia committee was constituted

in 1949 - Pharmacy Council of India was

established under Pharmacy Act 1948 to regulate

the standard

In 1954 - Education Regulation Committee - for

Some state for regulation the stand of

Diploma Pharmacy At present 1600 institution offering

various pharmacy programmes like B. Pharma, D. Pharma,

M. Pharma the syllabus of pharmacy education is

focused on needs and demands of today

pharmaceutical act a pharma vision 2010 released

by APT Kalam in 2003 (Mumbai) have proposed new activities to shape the future of pharmacy profession. New practice of PA programmes in hospitals pharmacy are also done. Pharma 5 yr of training and 1 year internship. Beside this doctorist field like pharmaceutical chemistry, pharmaceutics, pharmacology etc.

History of Pharmacy in Abroad

Earliest known compilation of medicinal substance was the 'Sushruta Samhita'.

→ Ancient Egyptian pharmacological knowledge was recorded in various papyri such as Ebers papyrus of 1550 BC.

→ In ancient Greece Dioscorus was one of several men studying medicinal properties of plants.

Greek physician Dioscorides is famous for writing a 5 volume book.

Latin translation 'De materia medica' was used as basic of medieval text.

→ Earliest Chinese → This manual 'Shennong Bencaojing' (1st Century) earlier literature include list of 400 prescriptions for specific ailments contained recipes of 52 ailments (168 BC). - future details of Chinese pharmacy may be found in pharmacy in China article.

→ Japan → At the end of Asuka Period (538-710) and early Nara period (710-794) the men who fulfilled roles similar to those of modern pharmacist were highly respected.

→ The place of pharmacist in society was expressly defined in Tachō code (701) and restated in

in yaso (code 718).

The Priest and even Priest assistant were assigned status superior to all the other in health related fields - the pharmacist was ranked above the personal physician of the emperor.

In Baghdad (Iraq) → 1st pharmacist or drug-shop were established in 754.

In Europe pharmacy like shops began to appear during 12th century. 1st Pharmacy in Europe was opened in 1211 in Germany. The oldest claimed to have been set up in 1221 in church of Santa Maria Novella in Florence, Italy which now houses a perfume museum.

WHO has contributed effectively towards encouraging and defending the role of pharmacist world wide.

WHO has recommended a special role of Priest particularly in quality assurance of and safe administration of drugs.

In Malaysia → which is one of the leading countries has acute shortage of pharmacist
2006 ratio = $\frac{\text{Priest}}{\text{Population}}$ = 1 : 6207

Doctors themselves dispense medications as part of their professional practice.

In African countries (Ghana) shortage of Priest is even worse - 619 Priest are serving 2.9 million people.

In 1948 Univ. of Pk. was institution to develop pharmacy department in Pakistan after independence. The 1st degree was of 3 year pharmacy bachelor course programme which was later extended 4 year in 1978, 1979 same colleges Karachi, UHL and Peshwar University.

Pharmacy as a Career

It is the branch of science which deals with the compounding and dispensing of the drugs. In Greek pharmakon mean drug. Now a days there is a great scope in the field of Pharmacy.

Scope in the field of Pharmacy

- 1) **Pharmaceuticals company as entrepreneur** →
→ A person who has done his/her degree in the field of pharmakon open his/her pharmaceutical company.
- 2) **Academics** → Person who has done his/her studies in the field of pharmacy can work as a lecturer, as professor, open his/her pharmaceutical company.
- 3) **Can start an institute** → Person who has passed his/her carrier in pharmacy can open education institute to serve the students.
- 4) **Regulatory Dept.** → Person who has passed his/her carrier in pharmacy can try his luck in the regulatory dep. i.e. government sector.

There are no of jobs in the government sector for the pharmacy aspirants like drug Inspector, drug control, labs, etc.

5. Pharmaceutical Industries → Pharmaceutical industries

provides the maximum no. of scope to the people who have done their studies in the field of pharmacy. The types of jobs in the pharmaceutical industries are as follow:—

• Research and development.

• Production

• Analysis

• Marketing

• Pharmacovigilance

• Research and Development →

It is the branch in the pharmaceutical industries which is responsible for the research and development factor of the drug people in this branch of pharmaceutical industries have need to research using articles, newspaper etc or either resources to get material / thought to development new drugs.

• Production →

It is the branch in the pharmaceutical industries which is responsible for the production of drugs. People in this branch of pharmaceutical industrial have need to produce the maximum result using the existing facilities or machinery.

• Analysis

It is the branch in the pharmaceutical industries which is responsible for the analysis of drug produced by production. People in this field (QA) or (QC) works during production period and after production periods to keep the check on the drug produced.

• Marketing

It is the branch of the pharmaceutical industries which is responsible for the marketing of the drugs produce to the retailers & hospitals. People from this branch has need to make good relation a customers to make good business or industries prosper.

• Pharmacovigilance

It is the branch of pharmaceutical industries which is responsible for the collection, detection monitoring and presentation of adverse effects by pharmaceutical products. It is the common branch into the pharmaceutical industries.

6.6) Pharmacist

After doing studies in the field of pharmacy a person become a pharmacist, who can practice pharmacy to produce useful drugs/ medicines.

Introduction to Pharmacopoeia

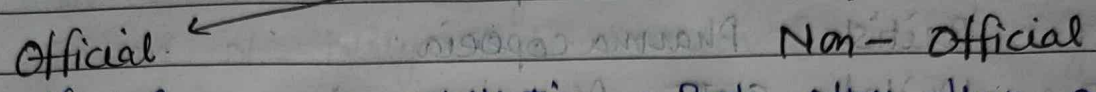
Pharmacopoeia comes from greek word 'Pharmakon' means drug and poeia means to make. Therefore it can be defined as any recipe or formula and standard required for preparation of drug.

The term Pharmacopoeia was 1st used in 1580 in a book or drug standard used in p'ncipally in Italy. The books containing the standard of drugs and other related substance are known as pharmacopoeia and formularies collectively, these book are known as "Drug Compendes".

It contain the list of drugs and other related substances regarding their source, description, tests, formula for preparation book are prepared under the authority of gov. of respective countries.

These books are modified time to time to introduce the information available. In order to introduce new product and to keep the size of book within limits it becomes necessary to admit certainity we used drugs and act in each new addition of these books certain new monographs are added while older are removed. For its preparation the expert opinion of medical ^{practitioner} ~~practitioner~~, teachers, potential manufacturing are obtained.

The drug compendia can be classified as



Official → official are the compilation of drugs and other related substance which are recognised as legal standard of purity quality and strength
Non-official → Book other than official drug compendia which are used as second reference source for drug
eg. IP, B.P., USP, USSR
eg. Merck Index, Remington's Pharmaceutical Science

1) National formulary of India

Committee was constituted in Nov 1956 who was assigned the work to complete the formulary. The opinions of medical associations hospitals, teaching institutions and manufactures were invited and finalised by committee. It was printed in India by manegs. gov of India press, Shimla in 1960.

2) Pharmacopoeia of India

- In 1946 Gov. of India published 'P'copoeia list (as a supplement of BP)
- After this list gov. of India 1st I.P. published in 1955.

3) Merck Index

It is encyclopedia of chemical drugs biologicals. The 1st edition published in 1859 and IInd edition is published in 1989 by Merck and Index Norway, N.S. U.S.A.

→ Pharmacopoeials of Various countries →

- The Indian Pharmacopoeia
- The British Pharmacopoeia
- The United States Pharmacopoeia
- The Extra Pharmacopoeia
- The International Pharmacopoeia
- The European Pharmacopoeia

IP → The history of Indian Pharmacopoeia began in 1883 when committee of East India Company dispensary recommended the published of Pharmacopoeia and Bengal pharmacopoeia was published in 1844. which mainly listed most of commonly used indigenous remedies.

1868 both drugs of BP and Indigenous used in India.

1869 Supplement of above publication with vernacular name.

1885 BP was made official in India.

1927 DFC recommended published Pharmacopoeia National.

1946 Govt. of India published pharmacopoeia list.

1948 Constituted permanent IP.

1955 1st edition of I.P.

1966 2nd edition of IP (Revised form)

The work of revision of it as a compilation of new addition was taken up simultaneously under chairman of Dr. B.N. Ghosh (proff. Pharmacopoeia RG Tal (Medical college Calcutta) died in 1958. After B.N. Ghosh, Dr. B. Mukherji was appointed as chairman UP committee its supplement published in 1975.

On 30th June 1978. IP committee was reconstituted by Gov. of India, ministry of health and welfare under chairman of Nityanand, Director (control drug research institute)

The committee assigned work for help preparation of 3rd edition of P'copoeia

3rd edition 1985 - followed by its addendum in 1989 and 1994

In vol I st and vol II nd

① Volume I → contains legal notice, preface, acknowledgement, introduction, general notices and monographs from A to P.

② Volume II → contains monographs from a to z, appendices

Content of appendices
for the preparation of IP, the P'copoeia of other countries like BP, USP, USSR etc were consulted.

The persons working in P'centical Industry, drug control lab, research and teaching also actively participate.

IP 1996 → 4th edition followed by its addendum 2008.

↓
Supplement for retains any products in good to 2005.

IP- 2007 → 5th edition followed by addendum 2008.

I.P. 2010 → 6th edition followed by addendum 2011
DVD of IP + 2010

IP 2012 - with DVD and 7th edition.

The 7th edition of IP was published by IP Commission of behalf of GOI, Ministry of Health Welfare

Under the drugs and cosmetics act 1940, IP is an official book which contains standard of drugs and related substances included in Pharmacopoeia. It helps in licensing of manufacturing inspector of distribution of medicines.

→ IOP 2014 is presented in 4 volumes

Key feature

1st time I.P.C. has introduced 19 Radio Pharmaceutical monograph. Standard for new drugs are used under National Health Programme. IP 2014 has 2667 monographs out of which 577 consisting of API, excipients, dosage form, herbal products etc.

IP monograph of an official substance or preparation includes article definition, description, identification, packing, storage, chemical structure, molecular formula, along with IUPAC name of substance are also mentioned in case of API.

1st time IP 2014 included DVD-ROM.

577 → New Monographs

134 → API

1612 → Formulation Monographs

11 → Antiviral Monographs

- 10 → Antibiotic Monograph
- 19 → Anticancer Monograph
- 05 → Monograph on Biotech.
- 19 → New chapters of and about 200 I.P. specimens.
- 19 → New Radio Pharmaceutical Monographs

A separate volume of veterinary products is also introduced for easy access.

The following monographs incorporated are not present in other pharmacopoeia like drotaverin hydrochloride, Rifaximin tablets.

It is assumed that this addendum would play a significant role in improving quality of medicine which is to improve quality of life of public and speed up development of pharmaceutical prepared by industry. The drug and other related substances prepared by pharmaceutical manufactured must comply these standards.

British Pharmacopoeia

It came into existence in 1864 and was published by the general council of Medical Education and Registration of United Kingdom.

The responsibility of publishing the B.P. has rested upon the general medical council since medical act 1858. The provision and duties of this council are contained in Section 47 of Medical Act 1956. According to recommendation of committee

Prescription

~~Emp~~ Prescription

Prescription is a written order, practitioner from a registered medical practitioner or other properly licensed such as dentist and veterinarian to a pharmacist to compound and dispense a specific medication for the patient. The order is accompanied by the direction for the pharmacist prepare a specific type and quantity of preparation for a patient. The prescription also include the direction for patient regarding mode of administration of the medicine is dispensed for him. Thus prescription is a media to which treatment is provided for a patient by the combined skilled and services both the physician and pharmacist.

The Prescription are generally written in English language but Latin words and abbreviations are also used in order to save time. So, it become necessary for a pharmacist to become familiar with common Latin words and abbreviations used by prescriber while writing the prescription.

Different parts of prescription →

Prescription are generally written on a typical format which are usually kept as pads a typical prescription consists of following parts.

- i) Date
- ii) Name, Age, Gender And address of the patient.
- iii) Superscription
- iv) Inscription
- v) Signature
- vi) Subscription

Renewal instructing

Signature, address and Registration no. of the prescriber.

1) Date → It helps a pharmacist to find out the date of prescribing and date of presentation for filling the prescription. The prescription which prescribes Narcotic. On other habit forming drugs must be the drug date so as to avoid the misuse of prescription. It is present by the patient a no. of time for dispensing.

2) Name, Age, Gender, & Address of the patient

It must be written in the prescription because it serves to identify the person. The name may be included by the pharmacist after proper enquiry from the patient. Age and gender of the patient, especially in the case of children help the pharmacist to check the prescribe dose of medication. In some cases, the weight of the patient also be required in order to calculate the appropriate dose.

3) Superscription → It is represented by the symbol R_x which is written before writing the prescription.

R_x is an abbreviation of Latin word 'recepti' meaning 'you take'. In days the symbol originated from the sign of Jupiter (God of healing).

This symbol was employed by the ancient in requesting God for the quick recovery of the patient.

4) Inscription → This is the main part of the prescription. The order contain the name and quantity of the prescribed ingredients. are generally written in English language but common abbreviations used can be written in English and Latin language.

The name of each ingredient is written on a separate line along with its quantity. In complex prescriptions containing several ingredients. The inscription is divided into following parts.

- i) Base → The active medicament which are intended to produce active therapeutic effect.
- ii) Adjuvant → It is included within the action of medicament or to improve the palatability of the preparation.
- iii) Vehicle → It is included in prescription either to dissolve the solid ingredient or to increase the volume of preparation.
- 5) Subscription → This comprises directions to the pharmacist for preparing the prescription and also of doses to be dispense. These days the prescriber are omitting the specific instruction to the pharmacist because the majority of the prescriptions are not compounding and dispense.
- 6) Signature → This is concept consists of the direction to (patient) be given to the patient regarding the administration of the drug. It is usually written as 'sig' on the prescription containing narcotic and other habit forming drugs to prevent its misuse. The instruction given in the prescription given are required to transfer label of the container in which medicaments is to dispense so that patient can follow it. The instructions may include the following items

- i) The quantity to be taken.
- ii) The mode of administration.
- iii) The ~~mode~~ of frequency of administration.
- iv) The special instructions such as dilution, direction.

7) Renewal instruction → The prescriber indicates every prescription order rather it may be general and it so ~~not~~ has many times. It is very important particularly in the prescription containing narcotic and other habit forming drugs to prevent its misuse.

8) Signature, address and Registration No. of the prescriber → The prescriber must ~~in~~ bear the signature of the prescriber along with ~~its~~ registration number and address. It is very important particularly containing the narcotic and other habit forming drug to prevent its misuse.

- primo mane → early morning
- mane → morning
- Omni mane → every morning
- Omni nocte → every night
- Inter nocte → during night
- nocte → at night
- Omni hora → every hour
- Omni quatuor hora → every four hours

example of Prescription

General Hospital

Date - 22-08-2018

Name - Mrs. Ram Sharma

Age - 39 years.

Sex - Male

Address - 457, sector-15, Chandigarh

Rx (Superscription)

Pottasium Bromide	8gm	} (Inscription)
Tincture Nux Vomica	8ml	
Chloroform water q.s	120 ml	

fiat mixture (Subscription)

sig. Cochleare magnum ter in die
post cibos sumenda (signature)

(signature of prescriber)

A.C. Agrawal M.D

Regd. NO - 102341

Handling of prescription

The following procedure should be adopted by the pharmacist while handling the prescription for compounding and dispensing.

- i) Receiving
- ii) Rechecking & checking
- iii) Collecting & weighing the material
- iv) Compounding, labelling & packaging

i) Receiving :-

The prescription should be received by the pharmacist. While receiving a prescription ~~should~~ from a patient pharmacist should not change his/his facial expression that gives an impression to the patient that he/she is confused or surprised after seeing the prescription.

ii) Reading And Checking :-

- After receiving the prescription it should be screened behind the counter.
- The prescription is a hospital slip or from a nursing home or from a private ~~practitioner~~ practitioner and their authenticity should be checked. The signature of the prescriber and the date of prescription is to be checked.
- The pharmacist should read all the lines and words of the prescription. He/she must not guess any word. If there is any doubt, the pharmacist should consult with the other pharmacist or the prescriber over the telephone.

iii) Collecting & weighing of the material :-

Before compounding a prescription all the material required for it should be collected from the shelves or drawers and kept in the left hand side of the balance. After measuring each material should be kept on the right hand side of the balance. After compounding the prescription the material, after compounding the prescription the material are replaced back into the shelves/drawer where from they are collected.

While compounding the level of every container of

material should be checked thrice in the following manner.

- (i) When collected from the shelves/drawers.
- (ii) When the material are measured.
- (iii) When the containers are replaced back to the shelves/drawers.

iv) Compounding, Labeling & packaging.

- Only one prescription should be compounded at a time.
- Compounding should be done on a clean table.
- All equipment required should be cleaned and dried.
- The preparation should be prepared according to the direction of the prescriber or as per method given in the pharmacopoeia or formulary and are according to established pharmaceutical art of compounding.
- The compounded medicament should be filled in a suitable container with appropriate label depending upon the quantity and use.
- While delivering the prescription to the patient, the pharmacist should explain the mode of administration, direction for use of drugs.

✓ Sources of errors in Prescriptions:-

- ① Abbreviation
- ② Name of the drugs → [Digitoxin & Digoxin] ex.
- ③ Strength of preparations.
- ④ Dosage form of the drug prescribed
- ⑤ Dose
- ⑥ Instruction for the patient
- ⑦ Incompatibilities

Posology

It is the branch of science which deal with the medicine dealing with doses of medicaments.

Factor affecting dose of a drug:

The following are the some of the factor that influence the dose of a drug.

1. Age

Human being can be categorised into the following age groups.

- a) Neonate & from birth up to 30 days.
- b) Infant: upto 1 year age.
- c) Child in b/w 1 to 4 years.
- d) Child in b/w 5 to 12 years.
- e) Adult
- f) Geriatric (elderly) patients.

In children, the enzyme systems in the liver and renal excretion remain less developed. So, all the doses should be less than that of an adult. In elderly patients, the renal function decline. Metabolism rate also decreases. Drug absorption from the intestine become slower in elderly patients. So, in geriatric patient the dose is less than and should be judiciously administered.

2. Sex

Special care should be taken while administering any drug to women during menstruation, pregnancy & lactation. Antihistaminic and sedative drug are not taken during breast feeding because these drug secreted in the milk and the children may consume them.

3. Body Size :-

It influences the concentration of drug in the body. The average dose is calculate for a person with 70 kg body weight (BW). For exceptionnaly obese (fat) or lean (thin) patient the dose may be calculate on body weight basic:

$$\text{Individual dose} \Rightarrow \frac{\text{Body Weight (kg)}}{70} \times \text{Average adult dose}$$

• Another method of dose calculation is according to the body surface (BSA). This method is more accurate than the body weight method.

$$\text{Individual dose} \Rightarrow \frac{\text{Body surface Area (m}^2)}{1.7} \times \text{Average adult dose}$$

• The body surface area (BSA) of an individual can be obtained from the following:

$$(BSA) \text{ m}^2 = \text{BW (kg)}^{0.425} \times \text{Height (cm)}^{0.725} \times 0.007184$$

4. Route of administration :-

In case of intravenous injection, the total drugs reaches immediately to the systemic circulation hence the dose is less in I.V. injection than through oral route or any other route.

5. Time of Administration :-

The drug are most quickly absorbed from empty stomach. The presence of food in the stomach delays the absorption of drugs. Hence, a potent drug is given before meal. An irritant drug is given after meal so that the drug is diluted with food and thus produce less irritation.

6. Environmental factors

Stimulant drugs are taken at day time & sedative drugs are taken at night. So, the dose of a sedative required in day time will be much higher than at night. Alcohol is better tolerated in winter than in summer.

7. Psychological state

Psychological state of mind can affect the response of a drug, e.g. a nervous and anxious patient requires more general anaesthetics.

Placebo is an inert substance that does not contain any drug. Commonly used placebos are lactose tablets and distilled water injections. Some time patients often get some physical effect from this placebo. Placebo are more often used in clinical trial of drugs.

8. Pathological status (i.e. presence of disease).

- Several diseases may affect the dose of drugs:-
- In gastrointestinal disease like achlorhydria (reduced secretion of HCl acid in the stomach) the absorption of aspirin decreases.
 - In liver disease (like liver cirrhosis), metabolism of some drug (like morphine, pentobarbitone etc) decreases.
 - In kidney disease, excretion of drugs (like aminoglycosides, digoxin, phenobarbitone) are reduced, so less doses of the drug should be administered.

9. Accumulation

Any drug will accumulate in the drug body if the rate of absorption is more than the rate of elimination. Slowly eliminated drugs are often accumulated in the body and often causes toxicity, e.g. prolonged use of chloroquin causes damage to retina.

10. Drug interactions -

Simultaneous administration of two drugs may result in same or increased or decrease effects.

Drug administration with dose. Pharmacological effect.

Drug A

Effect A

Drug B

Effect B

Drug A + Drug B

Effect AB

Relationship	Name of the effect	Examples
$\text{Effect AB} = \text{Effect A} + \text{Effect B}$	Additive effect	Aspirin + Paracetamol
$\text{Effect AB} > \text{Effect A} + \text{Effect B}$	Synergistic (potentiation)	Sulfamethoxazole + Dimethoprim
$\text{Effect AB} < \text{Effect A} + \text{Effect B}$	Antagonism	Histamine + Adrenaline

11. Idiosyncrasy -

This is an exceptional response to a drug in few individual patients.

for examples - In some patients, Aspirin may cause asthma, penicillin causes irritating rashes on the skin etc.

12. Genetic diseases -

Some patients may have genetic defects. They lack some enzymes. In those cases some drug are contraindicated.

e.g. Patients lacking Glucose-6-phosphate dehydrogenase enzyme should not be given primaquine (an anti-malarial drug) because it will cause

hemolysis.

13. Tolerance

Some times higher dose of a drug is required to produce a given response (previously less dose was required).

- Natural Tolerance: Some races are inherently less sensitive to some drugs, eg. rabbits & black race (Africans) are more tolerant to atropine.
- Acquired Tolerance: By repeated use of a drug in an individual for a long time required larger dose to produce the same effect that was obtained with normal dose previously.
- Cross tolerance: It is the development of tolerance to pharmacologically related drug eg. alcoholics are relatively more tolerant to sedative drugs.
- Tachyphylaxis: (Tachy = fast, phylaxis = protection) is rapid development of tolerance. When doses of a drug are repeated in quick succession an reduction in response occurs - this is called tachyphylaxis. This is usually seen in ephedrine, and also in nicotine.
- Drug resistance: It refers to tolerance of microorganisms to inhibitory action of antimicrobials eg. Staphylococci to penicillin.

• Calculations of doses for infants and children.

① Dose proportionate to Age.

Young's formula - This formula is used for children having age below 12 years.

$$\text{Dose for the child} = \frac{\text{Age in Years}}{\text{Age} + 12} \times \text{Adult dose}$$

• Dilling's formula: This formula is used for children having age from 4 to 10 years.

$$\text{Dose for the child} = \frac{\text{Age in years}}{20} \times \text{Adult dose}$$

• Cowling's formula:

$$\text{Dose for the child} = \frac{\text{Age in years} + 1}{24} \times \text{Adult dose}$$

• Freud's formula: for less than 12 yr of age.

$$\text{Dose for the child} = \frac{\text{Age in months}}{150} \times \text{Adult dose}$$

Examples

① Average dose = 300 mg
year = 10

$$\text{child dose} = \frac{10}{10+20} \times 300 = \frac{3000}{30}$$

② therapeutic dose of a drug = 10mg/kg/day

Patient weight = 150 lb

how many 250 mg/100cc → ?

$$\text{Patient weight} = \frac{150}{2.2} = 70.9 \text{ kg}$$

So, patient needs = 70.9 x 10 = 709 mg of the drug

three bags needed to be filled of 250mg of 250mg bags

2. Doses proportional to Body weight:

- Clark's formula

$$\text{Dose for the child} = \frac{\text{Weight in pound}}{150} \times \text{Adult dose (A)}$$

$$\text{Dose for the child} = \frac{\text{Weight in kg}}{68.2} \times \text{Adult dose}$$

3. Doses Proportionate to Body Surface Area (BSA).

$$\text{Dose of child} = \frac{\text{Body Surface Area of child (m}^2)}{1.73 \text{ m}^2} \times \text{Average adult dose}$$

- Veterinary doses & Doses depends upon the type of formulation, age of the patient, sex of the patient, idiosyncrasy, drug interaction, body weight, surface area, and the severity of the disorder.

Thus as compared to human beings, the doses to be required for animal (decreasing) much more higher than human due to high surface area or weight etc.