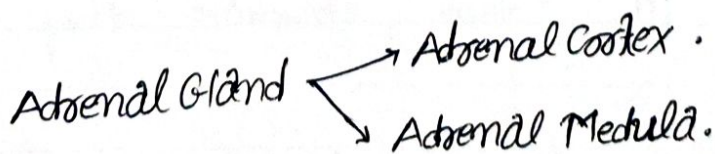
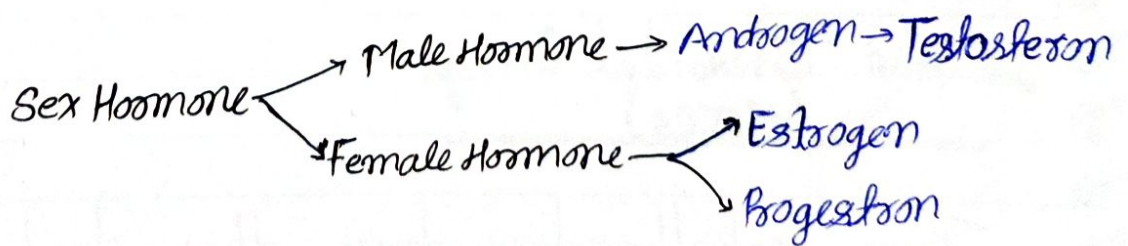


Unit-5

÷ Sex Hormone ÷

- The sex hormone are the basically steroidal in nature they are steroidal hormone. synthesies in our body.
- The sex steroidal hormone are release from the adrenyl cortex, basically they are release from the Zonareticularis part of the adrenyl cortex they are called sex steroid hormone.
- The sex hormone can be classified on the male or female it is of two type.
 - (i) Male hormone
 - (ii) Female hormone
- The male hormone basically called Androgen Example is testosterone which is release from the testis of the male.
- And the female hormone is of two type (i) Estrogen (ii) Progesteron.



Estrogen

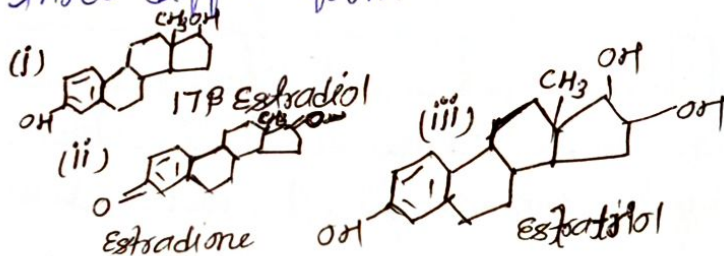
→ Estrogen is a female hormone the chemical name is 17β Estradiol.

→ They contain the steroidal ring of 18 carbon and they have two hydroxy group.

→ The estrogen hormone was first discovered and isolated by Lewe and Longe in 1926. This is from urine of pregnant Lady.

→ He saw that in the urine of pregnant lady Estrogen is available into three diff-2 form.

- (i) Estradiol
- (ii) Estradiolone
- (iii) Estratriol



→ The natural Estrogen do not given orally have the good oral absorption but they are not given orally because they have high first pass metabolism. so to avoid the first pass metabolism natural estrogen never given in the form of oral.

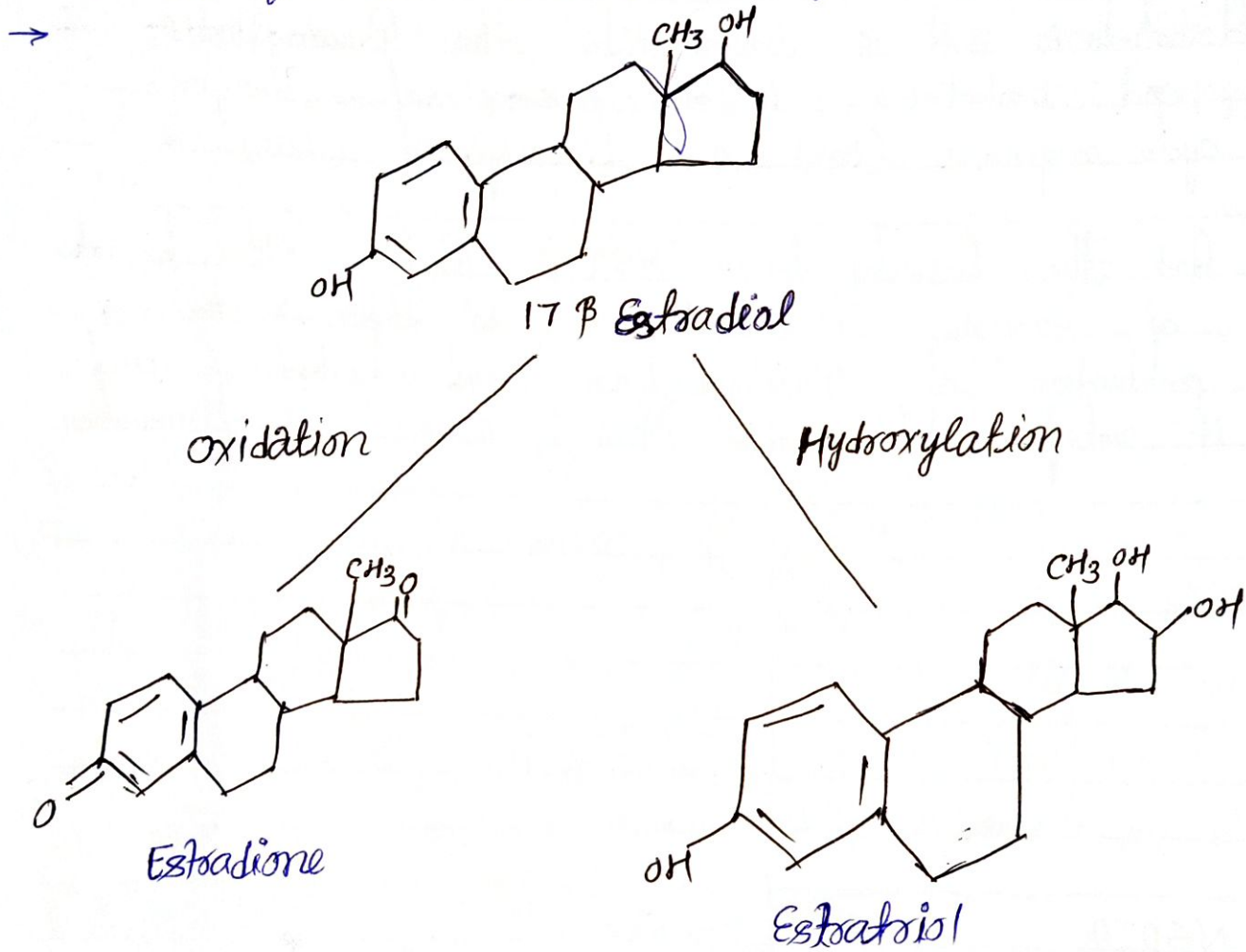
→ There are two types of synthetic estrogen molecule which are given orally because they do not undergoes first pass metabolism.

Ex - Ethynil Estradiol, Diethylstilbestrol.

→ After the releasing of steroidal hormone they goes into the blood and bind with the globulin protein. and they form the SSBG complex (Specific Steroid Binding Globulin) and goes into the diff-2 part of the body.

→ After binding with the receptor they go into the liver and from liver they are metabolized by the oxidation & Hydroxylation process into Estradiol and Estradiol and they are metabolic products.

⇒ When we take the sample of urine of pregnant lady we can find these molecules very well.



Pharmacology of Estrogen:

- It works as female sex hormone.
- Basically the estrogen helps to the development of the different sexual part of the female body for example they developed the ovary for the ovulation, and they developed the endometrium wall after the menstruation cycle. and they developed the deft 2 menstruation cycle phase.

- Estrogen developed the secondary character of the female like, change in the voice, change in the nature, development of gonads, menstruation cycle, development of breast.
- During the pregnancy when the estrogen level is high in the female then the level of two hormone FSH (Follicular stimulating hormone) LH (Luteinising Hormone) is decrease by the negative feedback mechanism.
- Estrogen can also produce some weak anabolic effect like lipolysis decrease of the cholesterol level increase in the HDL level.
- It is also carcinogenic in nature. it may develop the cancer of ovary & breast for prolong release of the drug.

Adverse Effect: (i) Nausea Vomiting.
 (ii) Anorexia.
 (iii) Mild diarrhoea thermogenic.
 (iv) Decrease Protein Synthesis.

Therapeutic Effect: (i) Therapy after Menopause.
 ii Postmenopausal osteoporosis.
 (iii) Contraceptive Pills.

Anti-estrogen / Ovulation Stimulants:

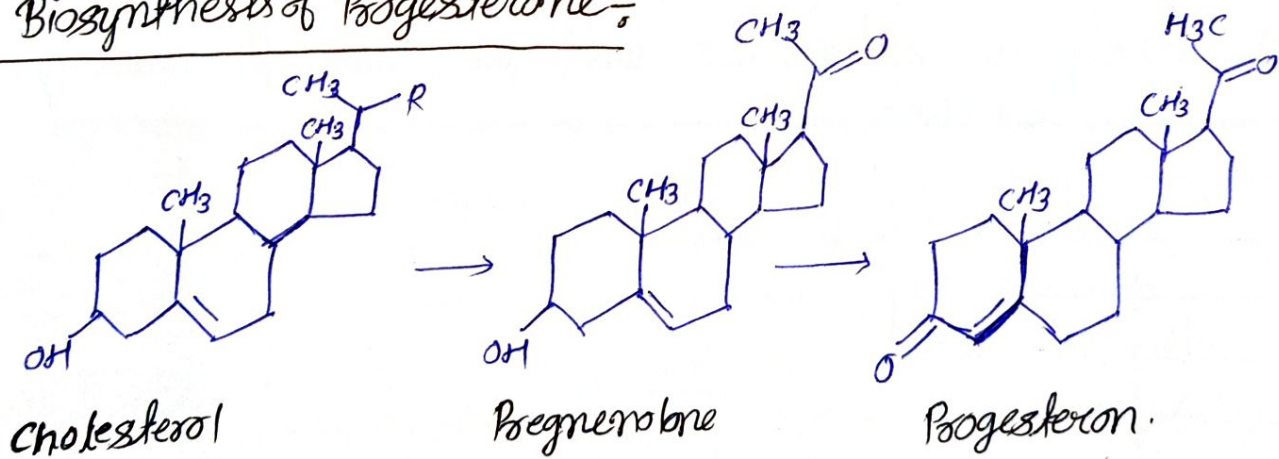
- Clomiphene
- Ethamoxy triphthal
- Danazol.
- Tamoxifen

Natural Progesterin:

Progesterone: (21 carbon steroid) is derived from cholesterol

- It was first isolated in 1929.
- It is secreted by corpus luteum (10-20mg/day) in later half of menstrual cycle under influence of LH.
- If ovum gets fertilized and implants - the blastocyst immediately starts producing chorionic gonadotropin which is absorbed and sustains the corpus luteum in early pregnancy.
- Secretion of Progesterone starts from Placenta from 2nd trimester till term.
- Males also produces 1-5 gm progesterone per day from adrenals and testes.
(But Role in males is not known).

Biosynthesis of Progesterone:



Synthetic Progesterin's:

- (i) Progesterone Derivatives: These are progestins they have weaker anti ovulatory action and are used primarily as adjuncts to estrogens' for HRT threatened abortions endometriosis.

(ii) 19 Nortestosterone derivatives: They have weak estrogenic and anabolic action but have potent anti ovulatory action.

→ They are mainly used in combined contraceptive pills like Desogestrel and Norgestimate (Bodrug)

(1) Progesterone Derivatives

- Medroxyprogesterone acetate.
- Megestrol Acetate
- Dydrogesterone
- Hydroxyprogesterone caproate

(2) 19-Nortestosterone Derivative (OHP)

- Norethindrone
- Lynestrenol
- Levonorgestrel (gonane)

(3) 19-Nortestosterone Derivative (New)

- Desogestrel
- Norgestimate
- Gestodene.

Actions: It prepares uterus for nidation and helps in maintenance of pregnancy by preventing endometrial shedding, decreases uterine motility and inhibiting immunological rejection of fetus. (T cell function and cell mediated immunity).

Specific Action: Uterus: Secretory changes in estrogen primed endometrium (hyperemia, Tortuosity of glands and increased secretion)

→ continued action of progesterone cause decidual changes in endometrium (stroma enlarges, becomes spongy, glands atrophy and decreases sensitivity of myometrium to oxytocin).

Cervix \div Converts watery secretion (Estrogen produced) to viscid, scanty and cellular which is hostile to sperm penetration.

Vagina \div Induces pregnancy like changes in the mucosa leukocyte infiltration of cornified epithelium.

Breast \div It causes proliferation of acini in the mammary gland. Acting along with estrogen which prepares the breast for lactation.

CNS \div May have sedative effect.

Body Temperature \div Causes slight (0.5C) rise in body temp.

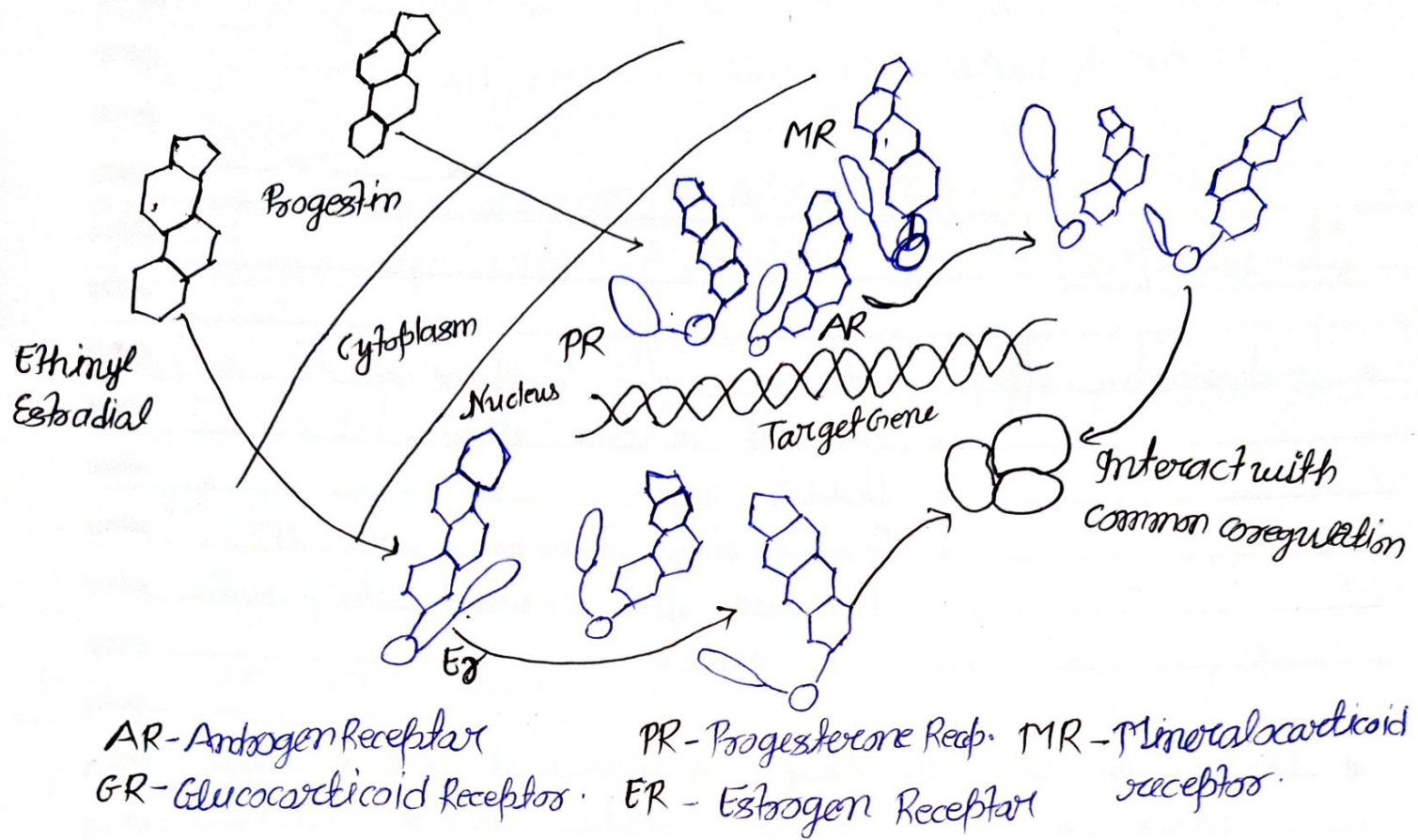
Respiration \div May stimulate respiration at high doses.

Metabolism \div Prolonged use of OCP impairs glucose tolerance. They also tend to raise LDL and lower HDL (that is 19-nortestosterone derivatives.)

Pituitary \div Progesterone is a weak inhibitor of Gonadotrophin secretion

\div Mechanism of Action \div

\rightarrow The progesterone receptors (PR) has limited distribution in the body confined mainly to the female genital tract, breast, CNS and pituitary upon hormone binding PR undergoes dimerization, attaches to progesterone response element (PRE) of target genes and regulate transcription through coactivators.



Pharmacokinetics:

- Progesterone is orally inactive because of high first pass metabolism in liver.
- Hence mostly given by I.M. in oily solution. I.M doses are rapidly cleared from plasma with a short $t_{1/2}$ (5-7 min) and nearly completely degraded in liver (Major product pregnanediol excreted in urine as glucuronide and sulphate conjugates).
- However the effects of progesterone lasts longer.
- Micronized formulations has been developed for oral administration which contains micro fine particles of progesterone suspended in oil and dispensed in gelatin capsules
- Its absorption occurs through lymphatics.

→ Most synthetic progestins are orally active, metabolised slowly, and have plasma $t_{1/2}$ btw 8-24 hours.

Adverse Effects: → Breast engorgement, headache, rise in body temp, edema, esophageal reflux, acne and mood swings. may occur with higher doses.

→ Irregular bleeding (amenorrhoea) may occur if given continuously.

→ 19-nortestosterone derivatives lower Plasma HDL level there by may promote atherogenesis (Not seen in progesterone and its derivatives).

→ Long term use in HRT may increase risk of breast cancer

→ Blood sugar may rise and diabetes may be ~~prec~~ipitated by long term use (levonorgestrel)

⇒ Intramuscular injections of progesterone are painful

⇒ If given in early pregnancy they can cause masculinization of female foetus or other congenital abnormalities.

◦ Uses ◦ (i) As Contraceptive: Postcoital contraceptive (Mifepristone 600 mg within 72 hr) once a month contraceptive (Mifepristone - 200 mg 2 days after mid cycle)

(ii) Hormone Replacement Therapy (HRT): Used in non hysterectomised post menopausal women estrogen therapy is supplemented with a progestin for 10-12 days each month to reduce the risk of endometrial carcinoma.

(iii) DUB (Dysfunctional Uterine bleeding): Progestin in large dose (Norethindrone 20-40 mg/day) promptly stops the bleeding and keeps it abeyance as long as therapy is given.
⇒ cyclic treatment regularizes and normalizes menstrual flow.

(iv) Threatened habitual abortion: A pure progestin without estrogenic or androgenic activity may show efficacy in preventing premature delivery in high risk pregnancy.

Preparation and Dose:

(1) Progesterone: 10-100 mg I.M OD.

"Progest, Proluton, Gestone, Naturigest, Ogest

(2) Hydroxyprogesterone Caproate: 250-500 mg I.M at 2-14 day intervals. Proluton Depot, Maintane Inj, Procaprim.

(3) Medroxyprogesterone Acetate: 5-20 mg OD-BD oral 50-150 mg I.M at 1-3 months interval.

⇒ Farlutal, Provera, Mefrate, Modus, Depot-Provera.

(4) Dydrogesterone: 5-10 mg OD/TDS oral Duphaston.

(5) Norethindrone: 5-10 mg OD-BD oral, Primolutin Styptin, Regestrone, Norgest, Regestrone, HRT, Naxeta, HRT, Naxisteral

(6) Lynestrol (Ethinylestrenol): 5-10 mg OD oral, Orgametrol.

(7) Allylestrenol: 10-40 mg/day Gestamin, Fetugard, Maintane, Psafar.

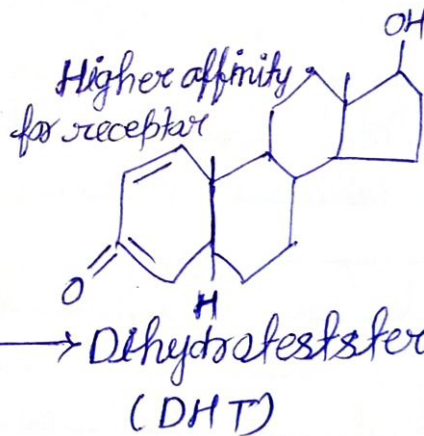
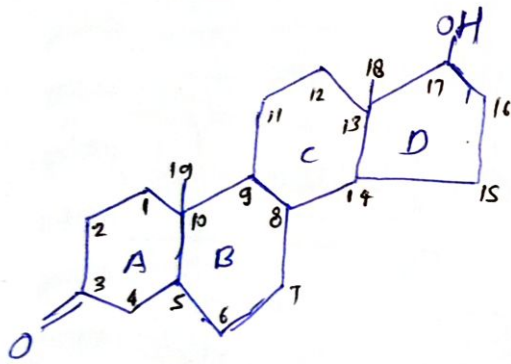
(8) Levonorgestrel: 0.1-0.5 mg/day Duoluton-L, Orsal

(9) Desgestrel: 150 micro g + Ethinylestradiol 30 micro g
 Novelon 1 tab OD 3 week on 1 week of cyclic therapy

Androgens:

- Includes testosterone, DHT, & Androstenedione.
- Testosterone serves as a prohormone for -
 - Dihydrotestosterone (DHT)
 - Estradiol.

(1) 95% of testosterone (8mg/day) is produced by Leydig cells after stimulation with LH.

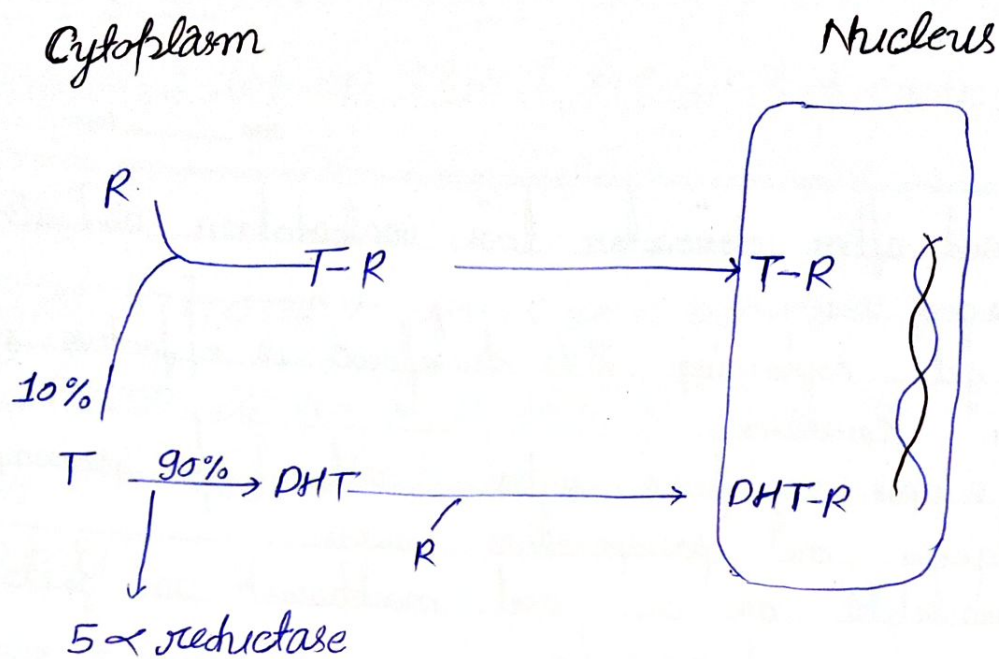


Tissue with $5\alpha R$ are more sensitive to testosterone.

Mechanism of action of steroid hormones:

- Hormone enters cell by diffusion across plasma membrane
- Bind to specific cytoplasmic receptor.
- Translocation to nucleus.
- Alteration in gene transcription.
- Alteration in level of active mediator of effect.

Mechanism of Action:



Action of Testosterone & DHT

Pharmacological Effects

- Growth of genital in a body
- Production of sperm
- Growth of facial, pubic and axillary hairs
- Muscular development.
- Growth of larynx and voice deepens.
- Inhibition of bone growth.
- Thickening of skin, loss of s.c. fat.
- Behavioral changes in men
- Nitrogen retaining effect.
- Erythropoietin secretion increased.
- Increased LDL and decreased HDL.

Pharmacologic Effects

- Large doses of testosterone suppress gonadotropic secretion in adult males.
- Androgens produce changes similar to male puberty in females.
- Natural Androgens stimulates erythrocyte production.
- Androgens increase protein synthesis / decreases protein breakdown (Anabolic effects) Effects last 1-2 months.
- Anabolic effects are due to increase in nitrogen balance and retention of Phosphate sulfur, K^+ , Na^+ , Cl^- and water

Pharmacokinetics:

Absorption: Undergoes high first pass metabolism.

Therefore i.m injections or synthetic preparations are used.

Transport: Highly protein bound (98% SHBG, Albumin)

Metabolism: - By liver enzymes: Androsterone and etiocholanolone

→ Excretion by urine after conjugation.

→ Small quantity of oestrogen also produced from testosterone

| Testosterone Preparation | Dose |
|--|--|
| Testosterone Aqueous Suspension | 50-100mg / 2 Weeks. |
| Testosterone Esters - → Testosterone Propionate. → Testosterone Phenylpropionate → Testosterone Cypionate → Testosterone Enanthate | 25-50mg / 3 times a week. 40-60mg / 1 or 2 Week. 100-200mg / 2 Weeks 250mg / 2 Weeks. |
| Orally Active Preparations → Methyl testosterone tab. → Fluoxymesterone → Mesterolone. | |
| Transdermal Patches | 2 Patches / day (Back, Abdomen, thigh) |
| Implants | Wall of Abdomen / Thigh |

Clinical Uses of Testosterone:

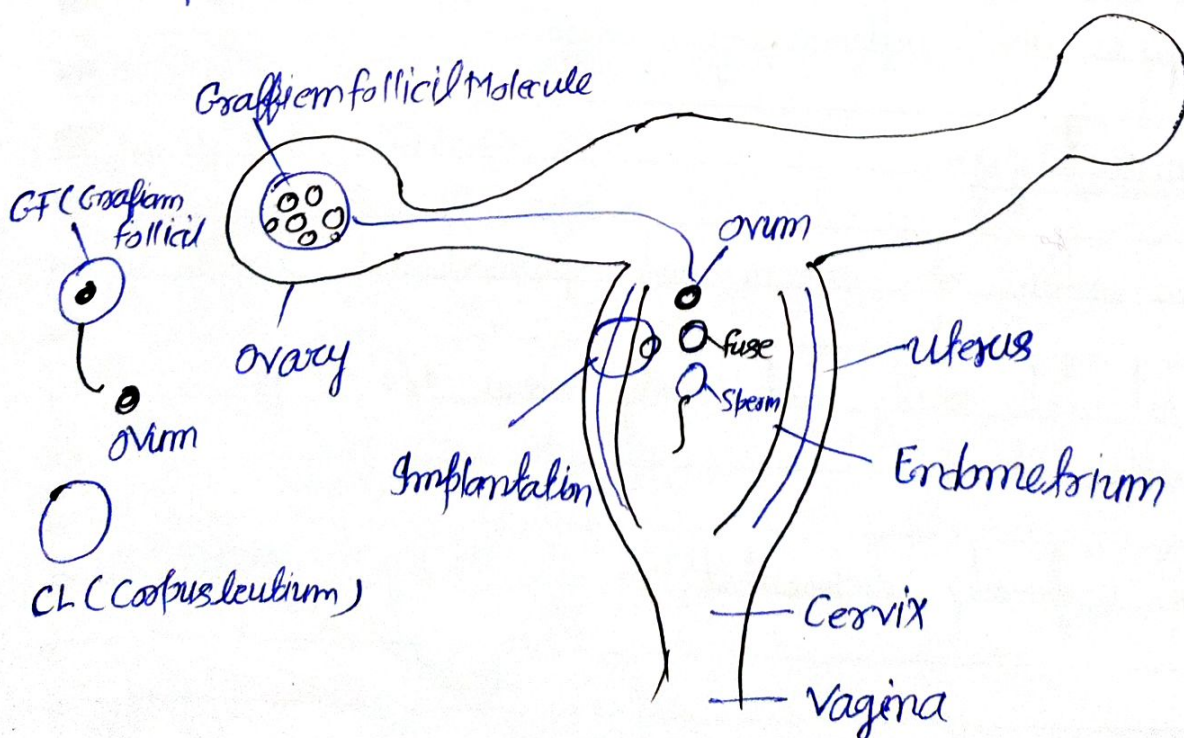
- Testicular failure: Primary & Secondary.
- Wasting syndromes - HIV, cancer, acute necrotizing fasciitis
- Chronic illness, Brons.
- Osteoporosis and decreased muscle strength.
- Long term corticosteroid therapy.
- Pituitary dwarfism.
- Carcinoma of breast.
- Hereditary Angioneurotic oedema.
- Anaemia (Refractory)
- Menopausal syndrome.
- Ageing (Andropause) (Male menopause or PADAM - (Partial Androgen Deficiency in the Ageing male frailty syndrome - easy tiring, decrease of libido, mood disturbance, accelerated osteoporosis, decreased muscle strength, and high susceptibility to disease).

Adverse effect of testosterone:

- Virilization (Female) Acne.
- Feminizing side effect (Male)
- Precocious Puberty and stunted growth
- Cholestatic Jaundice.
- Enlargement of Prostate.
- Atherosclerosis.
- Hepatic Carcinoma.
- Oedema.
- Decreased spermatogenesis.
- Gynecomastia (Male breasts)
- Testicular Atrophy.

∴ Oral Contraceptive ∴

- Oral contraceptive are those drugs which are used to prevent the pregnancy in female and helping in the down of Population.
- In 1940 it was a first time to develop the method to inhibit the development of egg by using the progesterone hormone or sex hormone.
- In 1944 the two scientist Bickenbach and Paulikovic has developed the method when the progesterone level is increase in our body then they decrease the rate of ovulation.
- In 1955 first of all first family planning centre well developed. to aware the people about the population
- In the 1960 to 1970 the Fertility control is become the popular things among the people.
- The first contraceptive Pills are Ethisterone which contain the active constituents Progesterone.
- The first combination contraceptive pills ENovid was developed



Proposed Mechanism for Contraceptive Pills

- (1) Inhibiting ovulation.
- (2) Modifying the cervical mucus.
- (3) Slow down the rate of ovum transport.
- (4) Preventing the ovum maturation.
- (5) Interfering the implantation.
- (6) By decreasing the spermatogenesis.

Types of oral contraceptive →

(1) Combinational Preparation → This is the best and widely used method of oral contraceptives.

→ This contains the combination of two hormones Estrogen & Progesterone.

→ This drug is given 21 days in a month after the bleeding phase of the first week from second to third week this drug is always given.

→ Basically it contains the large dose of Progesterone which help in the inhibition of ovulation.

(2) Sequential Preparation: In the sequential preparation drug is given for the 15 days in the three phases of five days.

→ First five days in the bleeding time drug is given which contain only estrogen stop the bleeding and to maintain the endometrium wall.

→ The next five days the combination of Estrogen and Progesterone is given to maintain the endometrium wall and reduce the ovulation.

→ And the last five days it contains only Progesterone which inhibits the ovulation completely.

(3) Mini Pills or (Progestin Alone) :- This kind of preparation contains only Progesterone in a very small dose they are available in mini pills. and they are given to the (pregnant) lady entire whole months.

(4) Morning After or Postcoital Pills (or Estrogen Alone) →

→ This kind of drug are given after the intercourse within three days this contains the estrogen only and they help by the inhibiting of zygote formation by implantation process.

⇒ They are always given in very emergency condition for the example to the rape.

(5) Vaginal Contraceptives or Spermicidal Agent :- These are

the contraceptives Gels or Creams which are available in the semi solid form and they are applied by the female on their vaginal surfaces after the intercourse it punches the or destroy the sperm so they can't cause the pregnancy.

(6) Interceptives or Abortifacients :- → Interceptives and abortifacients drug are very ^{and they are} used in the very emergency condition.

⇒ They are used when the implantation is done and females becomes pregnant. and this is used within three month after the pregnancy. When these drug is given then the increase estrogen level and decrease the Progesterone level so the endometrium wall is ruptured and they come out with the blood.

And implants is also comes out and the Pregnancy is aborted.

(7) Progesterone blockers: Progesterone-blockers are drugs which is given after the implantation process.

→ When the Progesterone level is decrease by the drug progesterone blockers. then the implantation do not get nourishment and nutrition so they becomes destroy and comes out from the body.

(8) Depot Preparation: (i) Once a month Preparation.

(ii) Intra uterine device (IUD)

(iii) Biodegradable Sustain release systems.

(iv) Non biodegradable subdermal implants & Vaginal rings.

(9) Condoms: condoms are generally used for the male they available for the female also.

→ They are used as a physical barrier.

→ They stop the entry of sperm into the vagina.

(10) Chemical contraceptive for men or Anti Androgens:

→ They are used basically for the male and basically they destroy or Inhibit the formation of the spermatogenesis in the formation of sperm.

Drug Acting on Uterus

- The Post Partum Haemorrhage (PPH) is a common thing during the delivery.
- When the blood loss after the delivery ^{becomes} more than half (500ml) or litre this is called Post Partum Haemorrhage.
- And due to this the mortality rate of pregnant mother is very high.
- To reduce the blood loss during the delivery basically there are two kinds of drug is given this is called drug acting on uterus.
 - (i) Uterine Stimulants (Oxytocin / Uterotonic)
 - (ii) Uterine Relaxants (Tocolytics)

(1) Uterine Stimulants (Oxytocin / Uterotonic)

- During the delivery of a pregnant woman the blood vessel release more blood into the uterus and due to this more loss of blood it will be lethal for the pregnant woman.
- So three kinds of drugs are given which are basically work uterine constriction to avoid the PPH and Pre-mature birth.

- (1) Oxytocin
- (2) Ergotamin
- (3) Prostaglandin

(1) Oxytocin:

- Oxytocin is major uterine stimulant drug basically this is hormone which release from the posterior pituitary
- The main function of oxytocin to increase the FOC (force of contraction of uterine muscle) and it helps delivery of the baby.
- In 1909 oxytocin hormone identified by the scientist Henry Dale
- The oxytocin hormone is release during the three time
 - (i) During Sex
 - (ii) During Birth
 - (iii) During Lactation.
- After the delivery Prolactin Hormone prepare the milk inside the mammary gland but oxytocin help in the releasing of milk during the lactation.

(2) Ergot Alkaloid:

- Ergot is obtained from the clavisea Pterid.
- It is Alkaloidal in nature.
- The main function of Ergotamine to increase the Frequency and duration of force of contraction in uterine muscle.
- It also help in the avoiding the PPH during the delivery.
- They are available in methylexergon injection in the I.V & I.M dose.

(3) Prostaglandins:

- Basically Prostaglandins also help in the uterine contraction and delivery of baby.
- Basically the PGE & PGF series of Prostaglandins working in them
- They help basically act two method -
 - by contraction of Uterus. as well by Relaxation of Cervix.
 - And they helps in delivery.
- They also stop the PPM. two drugs basically available for the Prostaglandin in I.V form.
 - (i) Dinoprostone
 - (ii) carboprostal.

(2) Uterine Relaxants (Tocolytics)

- They^{are} basically give to stop the uterine contraction by relaxants the uterus and stop the premature birth of baby
- They are basically selective β_2 Adrenoceptor Agonist. for
 - Ex - Ritodine
 - Salbutamol
 - Which suppress premature birth.
- Some drugs which are given -
 - Indomethacin
 - Salbutamol
 - Terbutaline
 - Fenoterol
 - Nifedipine
 - MgSO₄
 - Atosiban
 - Ritodine

Bioasssa

Pharmacology

D.
Pharm-5th



Anurag Jaiswal



INTRODUCTION

What is a **Bioassay**?

- Comparative assessment of relative potency of a **test** compound to a **standard** compound on a living tissue.
- **Qualitative** identification & **Quantitative** measurement of the **amount of active principle** in pharmaceutical preparation or biological material.
- Measurement of conc. of a drug from magnitude of its biological effect.



PRINCIPLES OF BIOASSAY

- **Compare** potency of unknown substance with standard (including assessment of errors).



- Standard & test sample should have **same pharmacological effect & mode of action.**



PRINCIPLES OF BIOASSAY

- The test and standard should be compared using **a specified pharmacological technique.**
- Method selected should **be sensitive, reproducible & should minimize errors** d/t biological variations & methodology.



Types of Bioassays

There are three main types of bioassays (other than qualitative assays)

1. Direct Assays
2. Indirect Assays based upon quantitative responses
3. Indirect Assays based upon quantal responses („all or none“)



Direct Assay

Doses of the standard and test preparations are sufficient to produce a specified response, and can be directly measured.



Indirect Assay

In indirect bio-assays the relationship between the dose and response of each preparation is first ascertained. Then the dose corresponding to a given response is obtained from the relation for each preparation separately



Quantal Assay

This response is in the form of „all or none“ means no response or maximum response. These can be bioassayed by end point method. Predetermined response is measured which is produced by threshold effect. Quantal Responses are population response based on an all-or-nothing (0 or 1 – presence or absence) response such as death

$$\text{Concentration of Unknown} = \frac{\text{Dose of the Standard}}{\text{Dose of the Test}} \times \text{Concentration of Standard}$$



Graded Assay

It is proportional to the dose and response may lie between no response and maximum response . Graded Responses can be any type of measured responses in isolated tissues in particular, but also in whole animals. Such responses are infinitely graded and there are a large number of them. Examples include contractions of muscle, blood pressure, blood sugar concentrations, etc.



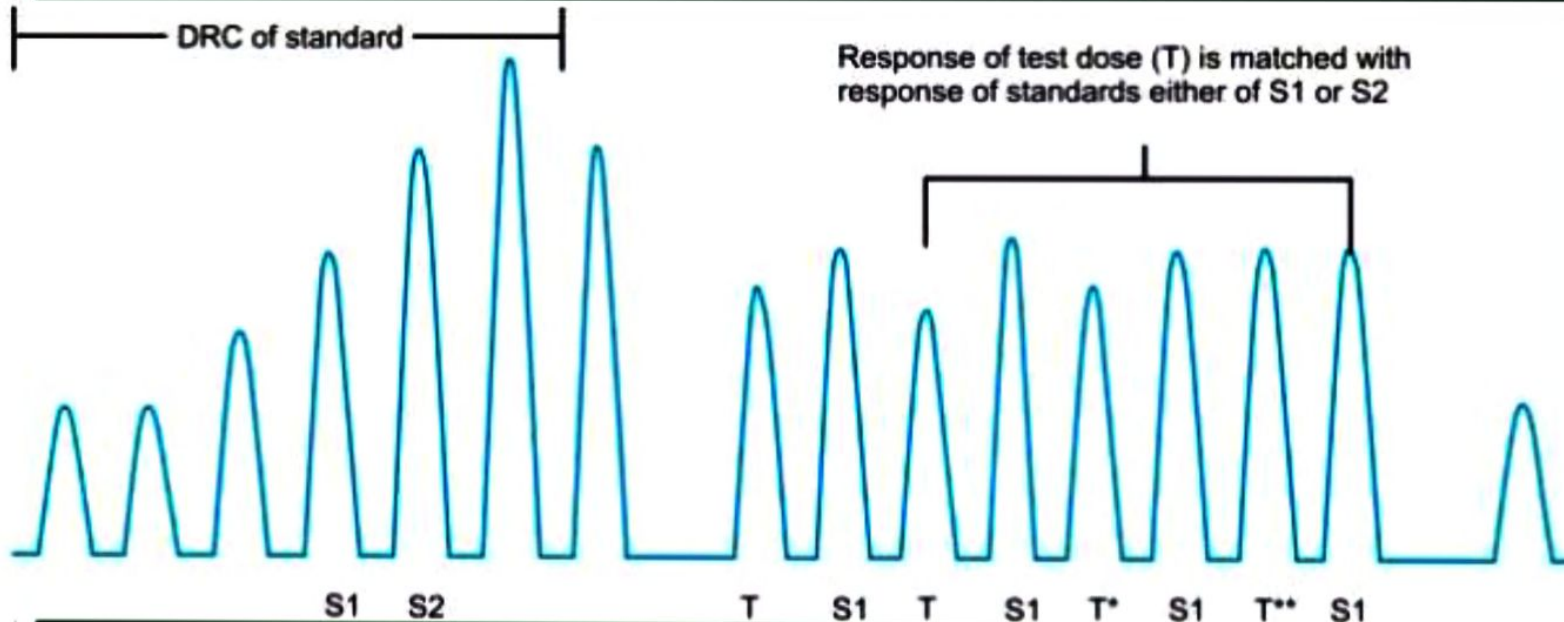
Matching Method

In this type of assay the test substance and the standard are applied and the responses obtained are matched by a trial and error process until they produce equal effects .

This may also limit to analytical dilution assay, as the assay involves the determination of the factor by which the test substance is diluted or concentrated in order to produce response that is equal to that of known amount of the standard drug



Matching Assay



- **Adv:** Test DRC not reqd., small vol., fast.
- **Disadv:** Trial & Error method, poor precision.

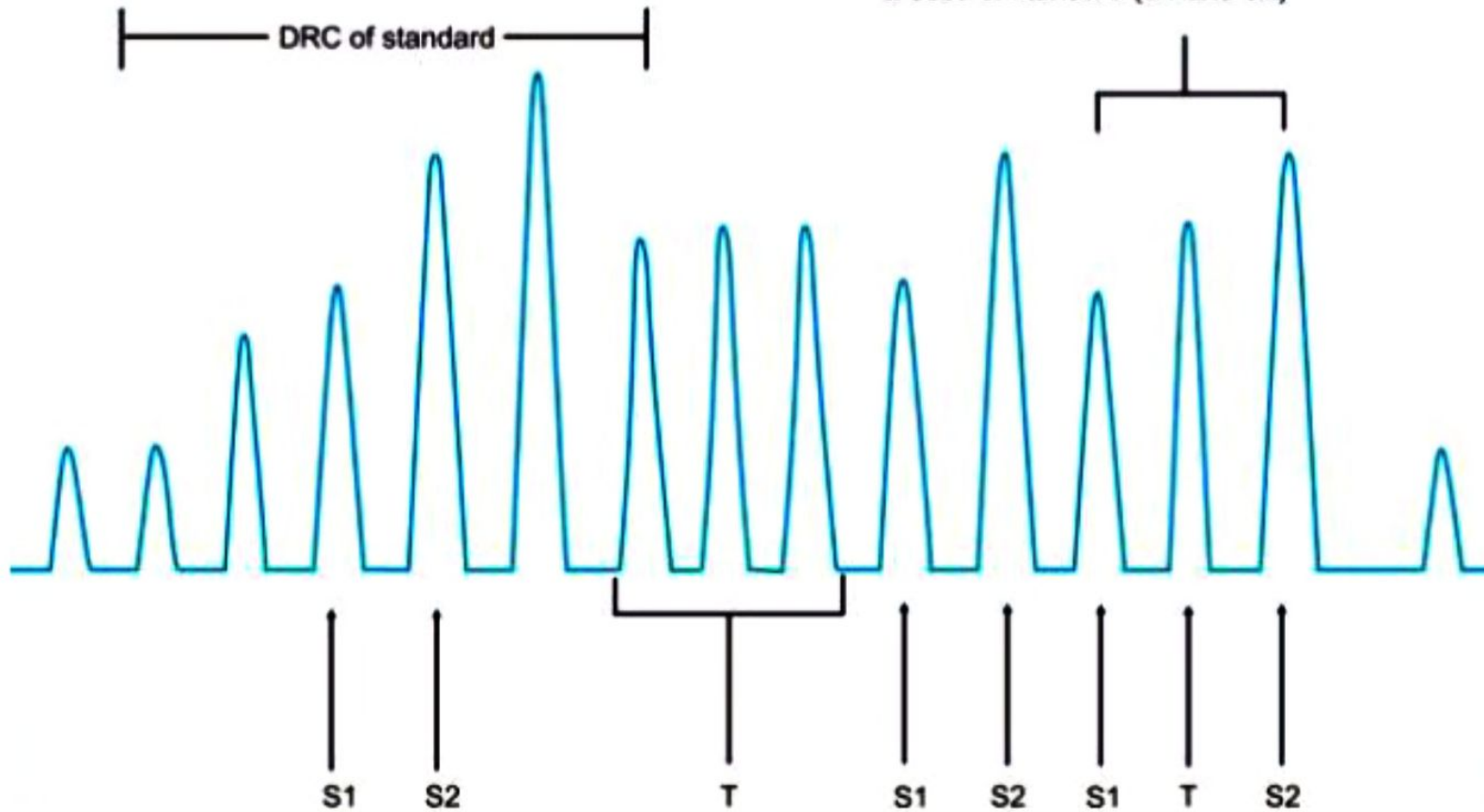
Bracketing Method

Bracketing bioassay is performed by selecting two standard doses, which will give a close bracket on either side of the response produced by the unknown. The working dose of standard is first determined in the sensitive part of dose-response curve, that is, a dose that will approximately produce 50% of the maximal concentration. The dose of the standard drug is kept constant throughout the experiment, in order to have some idea about the change in the sensitivity of tissue with time.



Bracketing Assay

Test response (T) is bracketed between 2 dose of standard (S1 and S2)



The standard drug is added at fixed intervals but alternating with the test so that each response produced by a dose of test substance is bracketed by responses produced by the dose of standard.

The response of test substance is bracketed between two responses of the standard. Close bracketing gives more accurate results.



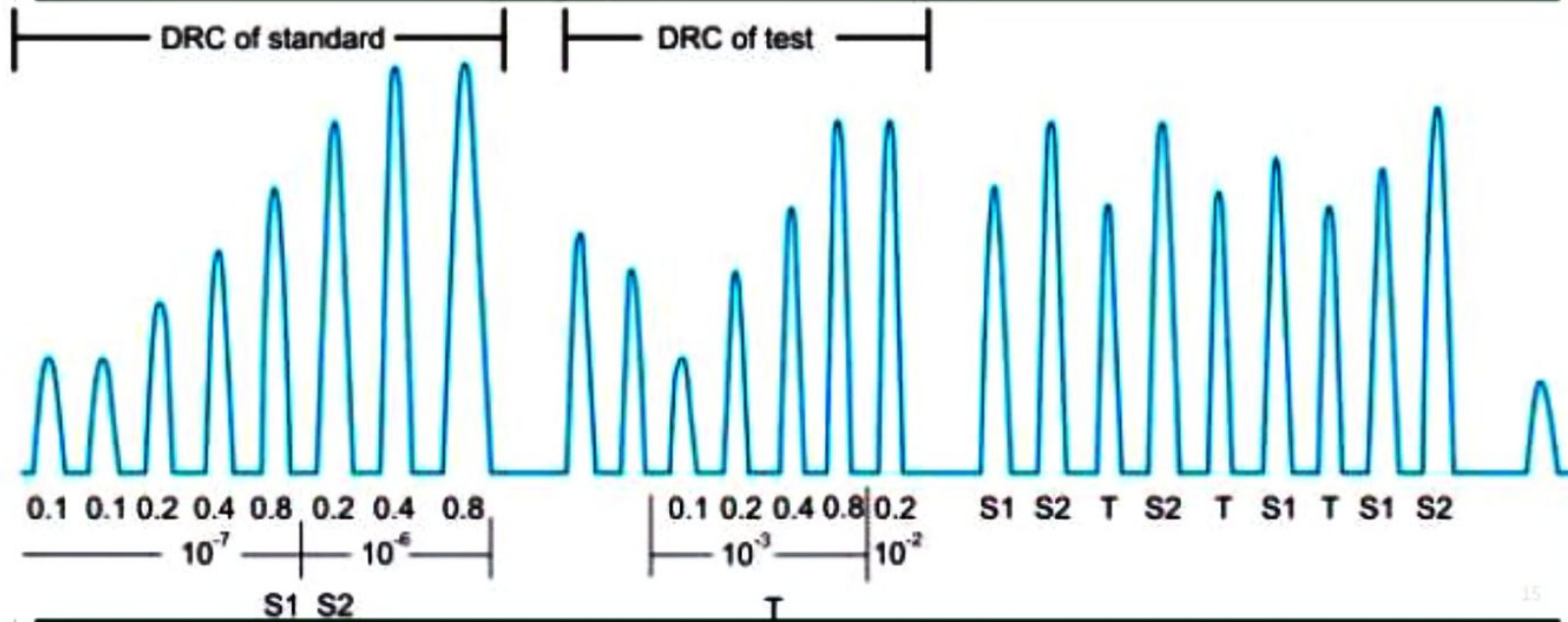
Three Point Bioassay

In three point bioassay, the DRC of standard & test samples is first obtained from the responses due to graded doses. From the DRC of standard, two standard doses are selected in such a way that they have produced 25% & 50% of the maximal response respectively & are designated as S1 & S2. The responses of these doses lie on the steepest & straightest part (linear) of the curve



Three Point Assay

| | | |
|-------|-------|-------|
| S_1 | S_2 | T |
| S_2 | T | S_1 |
| T | S_1 | S_2 |



From the DRC of test sample one test is selected such that it gives a response which lies in between the two standard responses that is it gives a greater response than S1 & a smaller response than S2 & is designated as T



After selecting the standard & test doses, the bioassay is performed by recording the standard & test responses in randomized fashion as per Latin square design. The pattern of addition of doses is S1, S2, T; S2, T, S1 & T, S1, S2 in 3 successive cycles. The mean values of height of contraction for all the 3 doses are calculated and are used in plotting the graph so as to estimate the potency of the test sample.

The precision and reliability of this method is much better than matching and bracketing methods of bioassay & the sensitivity of the isolated tissue preparation is assessed prior to testing the unknown sample



Three Point Assay

- Mean responses of three sets taken.
- Potency ratio calculated.

$$M = \frac{T - S_1}{S_2 - S_1} \times \log \frac{s_1}{s_2}$$

- Strength of test solution = $\frac{s_1}{t}$ x antilog M



Four Point Bioassay

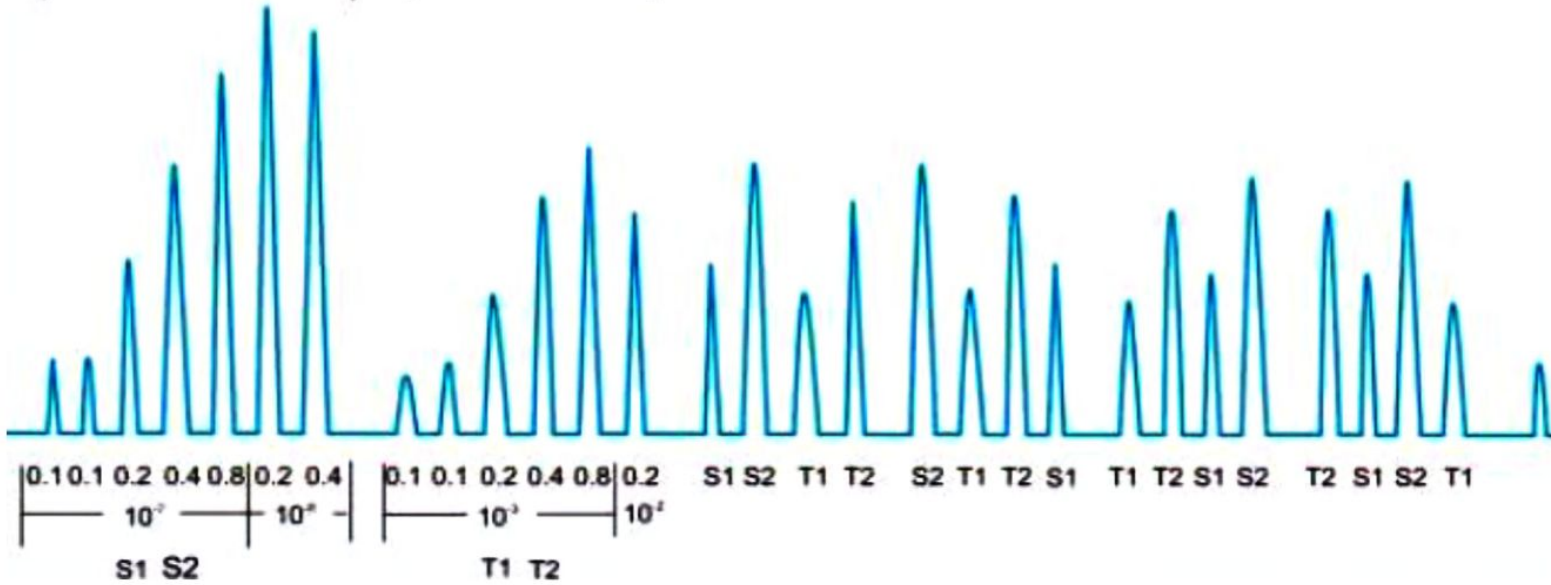
The classic 2X2 parallel assay involves being able to measure parallelism where drugs acting through the same mechanism are expected to produce parallel dose-response curves



Four Point Assay

| | | | |
|----------------|----------------|----------------|----------------|
| S ₁ | S ₂ | T ₁ | T ₂ |
| S ₂ | T ₁ | T ₂ | S ₁ |
| T ₁ | T ₂ | S ₁ | S ₂ |
| T ₂ | S ₁ | S ₂ | T ₁ |

— DRC of standard — — DRC of test —



Four Point Assay

$$M = \frac{[T_1 - S_1 + T_2 - S_2]}{S_2 - S_1 + T_2 - T_1} \times \log \frac{s_2}{s_1}$$

$$T \text{ (concentration)} = \frac{s_1}{t_1} \times \text{antilog } M$$

Six Point & Eight Point Assay



Thank You

For pdf notes visit our website
www.kclpharmacy.com

